

MIHAELA KASTRINI – CURRICULUM VITAE



Date of birth: 19/12/1989

Nationality: Greek

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Professional experience

October 2015- today: Psychologist-Responsible for the Department of Psychotherapy, Psychiatric Clinic, “Sinouri”, Athens, Greece

Clinical intake sessions

Individual sessions with patients

Coordination of activity group sessions

Coordination of psycho-education group sessions

Psychological support of relatives

Cooperation with psychiatrists and nurses

Education

Oct 2016-today: Hellenic Organization of Psychotherapy and Education in Group Analysis, HOPEinGA, Athens, Greece

2014-2015: MSc. in Psychology, Specialization in Clinical Psychology, Leiden University, The Netherlands

2011-2012: ERASMUS Program, Universidad de Oviedo, Facultad de Psicología, Spain

2007-2012 Bachelor Degree in Psychology, National and Kapodistrian University of Athens, Greece

Volunteer activity

January 2016-today: Support to people with developmental disorders Non Governmental Organization, *BEST BUDDIES GREECE*

February-April 2016: Participation in psychotherapeutic group sessions, Open Psychotherapeutic Center, Athens, Greece

April-June 2014: Individual sessions with clients under supervision, clinical internship, Leiden University

September-December 2013: Monitored organized group activities for immigrant children, Non-Governmental Organization, *PRAKSIS*, Athens, Greece

June-July 2013: Support to population with developmental disorders in everyday activities, Community house “Thetis”, Athens, Greece

September 2012-June 2013: Support, as a trainee, to patients with alcohol addiction, Eginition Hospital, Department of Psychiatry, Athens University Medical School Athens, Greece

May 2012-June 2013: Weekly observations, as a trainee, of external patients with mental disorders, Eginition Hospital

March-June 2012: Conduction of daily group activities to patients with mental disorders, Day Center Eginition Hospital

October 2010-January 2011: Intern, Individual sessions with patients under supervision, Department of Chronic Diseases of Eastern Attica, Athens (ΑΧΠΘΑ), Greece

March-June 2010: Intern, Education in primary prevention of addictive substances, Prevention Center of Use and Addictive Substances and Promotion of Health, Athens (KEIIXEO), Greece

Educational seminars and workshops

October 2016-today: Continuous Attendance of *Open Workshops*, Hellenic Organization of Psychotherapy and Education in Group Analysis (HOPEinGA)

December 2015-March 2016: "Group Analysis", *Educational seminar*, Open Psychotherapeutic Center, Institute of, Athens, Greece

2012-2013: Postgraduate seminar of Clinical Psychopathology, Eginition Hospital, Department of Psychiatry, Athens University Medical School, Athens, Greece

Language skills

English excellent, Proficiency of Michigan (C2)

French fluent, certificate of Diplôme d'études en langue français-DELF 1 (B1)

Spanish excellent, Diploma de Español como Lengua Extranjera-DELE (B2)

Computer skills

ECDL Diploma, Very good handling of Microsoft Windows 2007, Familiarity with Statistical Package for the Social Sciences (SPSS software) and Comprehensive Meta-Analysis (CMA)

Personal interests

Former member of theatrical groups

Ten-year involvement with dance courses and participation in performances

Participation in events organized by Non Governmental Organizations

Personal skills

Team work

Taking initiatives

Commitment

Courtesy

Consistency

Responsibility

Recommendation letters are available if needed

Attendance in conferences is referred in separate file

